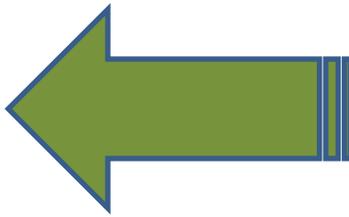




**INMATE
PROGRAMS
&
SERVICES**

CORRECTIONS CENTER OF NORTHWEST OHIO



GED

This is an ongoing program that inmates attend until they successfully pass all sections of the GED. GED classes cover language arts (reading and writing skills), social studies, science, and mathematics. GED is a certified testing site and inmates have the opportunity to test twice per month. CCNO employs two GED instructors and they can oversee up to 20 inmates at a time in the classroom.

Participation in GED classes can be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

INDEPENDENT STUDIES

This option is used for those inmates who do not meet the criteria to go to the classroom for GED classes. With independent studies, these inmates still have the opportunity to obtain their GED through a self-paced program that would be overseen by the GED instructors. Classwork is done in the inmate's unit/cell at their own rate, and the instructors guide them and monitor progress through the curriculum. Eligibility for Independent Studies is determined by Classification and the Commander of Programs & Services after receiving a request for participation from the inmate.

If participation in GED classes is court ordered by the sentencing judge, any inmates ineligible to attend in the classroom will be entered into the Independent Studies program.

PERSONAL FINANCE MANAGEMENT

Personal Finance Management aims at teaching inmates practical methods to money management. The class runs over a four (4) week period. Inmates meet once weekly for approximately 90 minutes. During the course, participants directly experience activities on how to budget, use discipline in spending, learning to avoid credit card debt, making an investment in education to increase earning potential over a career, and saving for retirement. Homework is given at the end of each session. This class allows up to 20 inmates per course.

Participation may be requested by the inmate or court ordered by the sentencing judge.

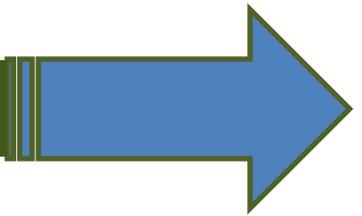
EMPLOYABILITY / CAREER DEVELOPMENT

This class teaches inmates how to prepare themselves to find, acquire, and maintain

employment. Some important elements that are covered in this course are job etiquette skills, how to fill out an application, creating a cover letter and résumé, employment search, preparation for and interview techniques, and time management. Several studies delineate that employment is a major contributor in reducing recidivism, so this course is aimed at influencing as many inmates as possible despite short sentences. Also with this course, we are developing relationships with some local staffing agencies (e.g. Staffmark, Manpower, Kelly Services, etc.) to strategize on how we can connect participating inmates with their services. This course is completed in two (2) weeks with participating inmates attending twice per week for 90 minute sessions. Upwards of 20 inmates may participate per course offering.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

TREATMENT & BEHAVIORAL HEALTH PROGRAMS



SUBSTANCE USE DISORDER TREATMENT

Cognitive Behavioral Interventions for Substance Abuse (CBI-SA) is the evidence based curriculum used by A Renewed Mind and is designed for moderate to high need individuals for substance use treatment and is well suited for the criminal justice population. As the name of the program suggests, this intervention relies on a cognitive behavioral approach to teach participants strategies for avoiding substance use. The program places heavy emphasis on skill building activities to assist with cognitive, social, emotional, and coping skill development. With no sentence length requirement and an open group concept, this program will allow for any inmate meeting the criteria to receive treatment services.

Inmates are identified by CCNO staff or inmate referral and A Renewed Mind staff use either a screening or diagnostic assessment to determine which intensity level group the inmate should engage in for treatment. The screening tools also helps identify if a specialty group would be appropriate, such as Seeking Safety or Anger Management. CBI-SA is designed with three different intensity level groups: high, moderate, and low. The levels are based on an individual's readiness to change their choices related to their addiction.

The high intensity group meets three times per week for 1.5 hour sessions over an 8-week period. Moderate intensity participants will be in group twice per week, also in 1.5 hour sessions, for a four week timeframe. High & moderate intensity groups are each offered in three (3) separate groups per week. The low intensity group is for those who've gone through the high & moderate intensity groups and are now at the final stages related to relapse prevention/release readiness. This group is currently offered once per week and cannot be attended unless the other two intensities have been completed.

Attendance in this treatment program may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

Progress updates can be provided to the courts as needed as it is understood that inmates may not be incarcerated for the entirety of the treatment program.

SEEKING SAFETY

Seeking Safety is an evidence based treatment model that treats the co-occurring diagnoses of PTSD and Substance Use Disorder. Seeking Safety treatment focuses on both diagnoses and each condition is seen as adversely affecting the other. This model creates a balance between exposures to dual treatment issues while avoiding exposure to significant trauma memories. Groups are gender specific and meet once a week for 12 weeks. Participants discuss and learn about grounding, setting boundaries, healing from anger, healthy relationships, and setting personal goals. The trauma informed format of the group helps inmates with a trauma history gain coping techniques necessary to be successful after their release. The group is open and therefore inmates will have little to no wait before they're able to participate.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

ANGER MANAGEMENT

Anger management programming is conducted by A Renewed Mind and allows individuals to learn to manage their anger by identifying triggers, both physical and emotional, as well as gaining coping skills to express feelings and needs assertively. These gender-specific groups meet once weekly for 1.5 hour sessions over an 8 week period. The curriculum is evidence based and trauma informed, providing a quality foundation to develop the skills necessary for success post release. A few of the topics the participants will cover are learning & using self-control, managing stress & anxiety, dealing with rejection & failure, and learning how to let go. Again, Anger Management is an open group for maximum participation.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

Treatment and Behavioral programming staff are aware that participating inmates may not be at CCNO for three months, and therefore progress reports for any of the programs can be provided to the courts as needed. A Renewed Mind is committed to securing linkage in the community for inmates who've participated in group and have been identified as needing additional resources upon their release in order to be successful.

MEDICATION ASSISTED TREATMENT (MAT)

Through a grant from the 4 County ADAMHS Board and OMHAS, A Renewed Mind offers in-jail Vivitrol injections prior to release for designated inmates who have been identified as high risk for potential relapse. This program takes coordinated efforts from treatment and medical professionals. This program is only available for inmates from the four rural counties at this time.

ALCOHOL CHEMICAL TREATMENT SERIES

Alcohol Chemical Treatment Series (ACTS) is a faith-based educational approach to drug and alcohol abuse, using visual tools, object lessons and a true recorded testimonial application. A qualified volunteer Christian Prisoners Fellowship instructor teaches an ongoing ACTS curriculum addressing real life situations and providing offenders with positive coping skills in a support group setting. The instructor also offers chaplaincy materials and benefits to the offenders, links the released offenders to a positive support group (a local church) outside the jail and provides care for the inmates' families.

Attendance in this course may be asked for by an inmate through a request to staff.

HARC

The HARC (Healing Addictions through a Relationship with Christ) program is a six-week program that discusses how to incorporate Bible study and prayer into an inmate's life. The course also covers a variety of topics to help inmates be successful upon their release. These include: how to find a job, prepare for an interview and be a good employee, getting priorities in line, budgeting & saving money, developing a system to pay weekly bills, picking affordable housing, and learning where and how to shop on a budget. The class aims to teach inmates how to live a balanced life to be satisfied, happy, and grateful for where they find themselves presently in life.

Attendance in this course may be asked for by an inmate through a request to staff.



Inmates have access to a fully shelved library, which includes hardbacks, paperbacks and magazines. Limited books are available in each unit. A Law Library with up-to-date Ohio Revised Codes is available. Library services are provided by the Williams County Public Library.

VOLUNTEER SERVICES

Volunteers conduct various services for inmates to attend which include AA meetings, worship services and Bible study. Services are offered on a daily basis and posted in units.

REACH UP, INC./CHAPLAINCY SERVICES

A non-profit agency that coordinates religious and chaplaincy services for inmates at CCNO. It is a local ministry under the guidance of local people and involves approximately 200 volunteers. For more information, contact the Chaplain's office at (419) 428-3800 extension 420.

LIFE & VOCATIONAL SKILLS

Self-help, educational, and/or vocational programs are offered to inmates when they're available. Speakers from various agencies and volunteers discuss topics such as self-esteem, dealing with stress, family violence, anger control, domestic violence, sexually transmitted diseases, HIV/AIDS education and prevention, financial investments, job resumes, freedom from smoking, and parenting. Participation is voluntary.

COMMUNITY CORRECTIONS PROGRAMS



ELECTRONIC MONITORING

Electronic monitoring, for the four rural counties, at CCNO can be done through three different types: regular monitoring, GPS, or TAD. Screened applicants are assigned by the court to the program. An ankle bracelet is placed on their ankle and supervised while in the community. Inmates can continue working or attend court ordered programs while restricted to home at specified times. All participants must pay to be in the program unless declared indigent by the court. GPS tracking allows for an offenders location to be pinged as opposed to regular electronic monitoring which solely detects when they are out of their designated range. TAD monitoring adds an element of alcohol detection through the use of a specially designed ankle bracelet.

WORK RELEASE

Pre-screened inmates can maintain current employment while serving non-working time at CCNO through the work release program. Participating inmates are required to pay 25 percent of their net pay for jail and court costs and must provide their own transportation to/from work.

HELPING INMATES THROUGH TRAINING

HI TT (Helping Inmates Through Training) is a job placement program in which inmates are employed and paid by area employers and placed on the work release program. Again, participating inmates are required to pay 25 percent of their net pay for jail and court costs. Employer transports inmates to/from work.

COMMUNITY PUBLIC WORKS

Inmates are assigned to perform community service at various sheriff's departments, parks, municipalities, counties, or non-profit agencies. They receive earned credit time but no pay. CCNO or supervising agency provides the transportation for the inmates to/from their job site.