



**INMATE
PROGRAMS
&
SERVICES**

CORRECTIONS CENTER OF NORTHWEST OHIO



GED

This is an ongoing program that inmates attend until they successfully pass all sections of the GED. GED classes cover language arts (reading and writing skills), social studies, science, and mathematics. CCNO is a certified testing site and inmates have the opportunity to test twice per month. CCNO will soon be offering GED programming virtually, in collaboration with Penta County Career Center, in order to reach the maximum amount of inmates.

Participation in GED classes can be asked for by an inmate through a request to staff or court ordered by the sentencing judge.



SUBSTANCE USE DISORDER TREATMENT

Living in Balance is the evidence based curriculum used by Midwest Recovery and is designed to address basic issues commonly faced by individuals in early recovery. Program sessions focus on drugs of abuse, relapse prevention, self-help programs, mental and physical health, emotional and social wellness, sexual and spiritual health, daily living skills, and vocational and educational development.

Each session allows for counselor interventions, presentations, and client training. After each segment is a question-and-answer session that lets participants interact intensively with the counselor. Written assignments, along with role-play exercises where appropriate, engage individuals interactively with the information.

The program sessions can be used in any order that works best for the population and can be repeated if necessary. There is no beginning or ending session. The parallel treatment model allows participants to start anywhere, end anywhere, and stay current even if they miss a session. There are also supplemental sessions that can be directed towards specific issues, participant populations, or unique treatment tracks.

In Living in Balance, addiction is viewed as a biopsychosocial process that not only impairs an individual's functioning, but also destroys the cohesiveness of family and community relationships. Additionally, because of its chronic, disabling nature, the program recognizes that relapses are common.

This program takes a non-judgmental approach to addiction and lifestyle issues. In general, addicted individuals are viewed as people with a compulsive disorder that often overwhelms good intentions and willpower. Participants can be taught relapse prevention techniques to avoid reemergence of the symptoms of addiction: compulsion, loss of control, continued use despite adverse consequences, and relapse.

Attendance in this treatment program may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

Progress updates can be provided to the courts as needed as it is understood that inmates may not be incarcerated for the entirety of the treatment program.

SEEKING SAFETY

Seeking Safety is an evidence based treatment model that treats the co-occurring diagnoses of PTSD and Substance Use Disorder. Seeking Safety treatment focuses on both diagnoses and each condition is seen as adversely affecting the other. This model creates a balance between exposures to dual treatment issues while avoiding exposure to significant trauma memories. Groups are gender specific and meet once a week for 12 weeks. Participants discuss and learn about grounding, setting boundaries, healing from anger, healthy relationships, and setting personal goals. The trauma informed format of the group helps inmates with a trauma history gain coping techniques necessary to be successful after their release. The group is open and therefore inmates will have little to no wait before they're able to participate.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

ANGER MANAGEMENT

Anger management programming is conducted by Midwest Recovery and allows individuals to learn to manage their anger by identifying triggers, both physical and emotional, as well as gaining coping skills to express feelings and needs assertively. These gender-specific groups meet once weekly for 1.5 hour sessions over an 8 week period. The curriculum is evidence based and trauma informed, providing a quality foundation to develop the skills necessary for success post release. A few of the topics the participants will cover are learning & using self-control, managing stress & anxiety, dealing with rejection & failure, and learning how to let go. Again, Anger Management is an open group for maximum participation.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

MEDICATION ASSISTED TREATMENT (MAT)

Through a grant from the Four County ADAMHS Board and OMHAS, Midwest Recovery offers in-jail Vivitrol injections prior to release for designated inmates who have been identified as high risk for potential relapse. This program takes coordinated efforts from treatment and medical professionals. This program is only available for inmates from the four rural counties at this time because it is funded through a grant.

ALCOHOL CHEMICAL TREATMENT SERIES

Alcohol Chemical Treatment Series (ACTS) is a faith-based educational approach to drug and alcohol abuse, using visual tools, object lessons and a true recorded testimonial application. A qualified volunteer Christian Prisoners Fellowship instructor teaches an ongoing ACTS curriculum addressing real life situations and providing offenders with positive coping skills in a support group setting. The instructor also offers chaplaincy materials and benefits to the offenders, links the released offenders to a positive support group (a local church) outside the jail and provides care for the inmates' families.

ACTS programming is provided by volunteers and therefore program availability may vary. Attendance in this course may be asked for by an inmate through a request to staff.

HARC

The HARC (Healing Addictions through a Relationship with Christ) program is a six-week program that discusses how to incorporate Bible study and prayer into an inmate's life. The course also covers a variety of topics to help inmates be successful upon their release. These include: how to find a job, prepare for an interview and be a good employee, getting priorities in line, budgeting & saving money, developing a system to pay weekly bills, picking affordable housing, and learning where and how to shop on a budget. The class aims to teach inmates how to live a balanced life to be satisfied, happy, and grateful for where they find themselves presently in life.

HARC programming is provided by volunteers and therefore program availability may vary. Attendance in this course may be asked for by an inmate through a request to staff.



LIBRARY

Inmates have access to an online library through the tablets as well as extended paid options for books, magazines, podcasts, etc. Free law library resources are also available to all inmates on the tablets. A limited collection of physical books are available in each unit and are rotated.

VOLUNTEER SERVICES

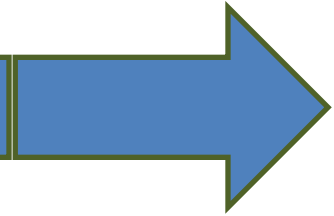
Volunteers conduct various services for inmates to attend which include AA meetings, worship services and Bible study. Services are offered on a daily basis and posted in units.

REACH UP, INC./CHAPLAINCY SERVICES

A non-profit agency that coordinates religious and chaplaincy services for inmates at CCNO. It is a local ministry under the guidance of local people and involves approximately 200 volunteers. For more information, contact the Chaplain's office at (419) 428-3800 extension 420.

LIFE & VOCATIONAL SKILLS

Self-help, educational, and/or vocational programs are offered to inmates when they're available. Speakers from various agencies and volunteers discuss topics such as self-esteem, dealing with stress, family violence, anger control, domestic violence, sexually transmitted diseases, HIV/AIDS education and prevention, financial investments, job resumes, freedom from smoking, and parenting. Participation is voluntary.



ELECTRONIC MONITORING

Electronic monitoring at CCNO can be done through three different types: regular monitoring, GPS, or TAD. Screened applicants are assigned by the court to the program. An ankle bracelet is placed on their ankle and supervised while in the community. Inmates can continue working or attend court ordered programs while restricted to home at specified times. All participants must pay to be in the program unless declared indigent by the court. GPS tracking allows for an offenders location to be pinged as opposed to regular electronic monitoring which solely detects when they are out of their designated range. TAD monitoring adds an element of alcohol detection through the use of a specially designed ankle bracelet.

WORK RELEASE

Pre-screened inmates in the four rural counties can maintain current employment while serving non-working time at CCNO through the work release program. These inmates are sentenced to work release by their judge and must meet CCNO requirements to participate. Work Release inmates are required to pay 25 percent of their net pay for jail and court costs and must provide their own transportation to/from work.