



**INMATE  
PROGRAMS  
&  
SERVICES**

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**CORRECTIONS CENTER OF NORTHWEST OHIO**



## GED

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CCNO partners with Penta Career Center to provide the GED program for inmates. This is an ongoing program that inmates attend until they successfully pass all sections of the GED. GED classes cover language arts (reading and writing skills), social studies, science, and mathematics. CCNO is a certified testing site and inmates have the opportunity to test twice per month.

Participation in GED classes can be asked for by an inmate through a request to staff or court ordered by the sentencing judge.



## DECISION POINTS

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Decision Points is a cognitive-behavioral intervention based on principles with broad based research support in reducing problematic behavior and recidivism. Decision Points addresses the Risk – Need – Responsivity model of correctional interventions.

**Risk** – The program is developed for medium-to-high risk offenders. The open group format, combined with individual assessments, allow participants to engage in variable amounts of group time (dosage) based on need. This allows the program to match dosage to level of risk.

**Need** – Decision Points targets dynamic risk factors that are amenable to intervention. It teaches how to recognize antisocial cognition (risky thinking), and develops ways to engage in alternative, less risky thoughts and feelings. In addition, the four Decision Points thinking steps address impulsivity issues to enable clients to ‘slow down’ their thinking processes before taking action.

**Responsivity** – Decision Points is a multi-modal program which incorporates a range of learning styles. Progress through the program requires mastery of the four thinking steps as demonstrated during in-group role playing activities. This approach accommodates individuals who are challenged with reading and writing, and simulates using Decision Point steps in real-life situations.

To successfully complete the program, a participant will need to complete a minimum of 7-11 sessions (based on session length). With this being an open group concept, participants can join at any time.

# SEEKING SAFETY

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The Seeking Safety series is an evidence-based treatment model that treats the co-occurring diagnoses of PTSD and Substance Use Disorder. These treatments focus on both diagnoses and each condition is seen as adversely affecting the other. This model creates a balance between exposures to dual treatment issues while avoiding exposure to significant trauma memories. Groups are gender specific and meet once a week for 12 weeks. Participants discuss and learn about grounding, setting boundaries, healing from anger, healthy relationships, and setting personal goals. The trauma informed format of the group helps inmates with a trauma history gain coping techniques necessary to be successful after their release. The group is open and therefore inmates will have little to no wait before they're able to participate.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

# ANGER MANAGEMENT

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Anger management programming is conducted by CCNO programming staff and allows individuals to learn to manage their anger by identifying triggers, both physical and emotional, as well as gaining coping skills to express feelings and needs assertively. These gender-specific groups meet once weekly for 1 hour sessions over an 8 week period. The curriculum is evidence based and trauma informed, providing a quality foundation to develop the skills necessary for success post release. A few of the topics the participants will cover are learning & using self-control, managing stress & anxiety, dealing with rejection & failure, and learning how to let go. Again, Anger Management is an open group for maximum participation.

Attendance in this course may be asked for by an inmate through a request to staff or court ordered by the sentencing judge.

# HARC

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The HARC (Healing Addictions through a Relationship with Christ) program is a six-week program that discusses how to incorporate Bible study and prayer into an inmate's life. The course also covers a variety of topics to help inmates be successful upon their release. These include: how to find a job, prepare for an interview and be a good employee, getting priorities in line, budgeting & saving money, developing a system to pay weekly bills, picking affordable housing, and learning where and how to shop on a budget. The class aims to teach inmates how to live a balanced life to be satisfied, happy, and grateful for where they find themselves presently in life.

HARC programming is provided by volunteers and therefore program availability may vary. Attendance in this course may be asked for by an inmate through a request to staff.



## TOOLING U

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Tooling U is a program designed to help inmates improve their work and leadership skills. The program helps to develop leadership characteristics for the work force. At the same time, it teaches inmates about the manufacturing process so they can add value to the manufacturing industry. With a goal of boosting confidence in the workplace and aid inmates in obtaining employment that will pay them a fair wage, the Tooling U program aims to reduce recidivism rates for program participants. Tooling U is currently instructed by the GED teachers in partnership with Penta Career Center.

## CAREER PATH

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Harbor, Inc. has collaborated with the US Department of Labor and CCNO to develop a comprehensive re-entry program to ease the transition of re-entering society by providing career counseling, case management, and schooling/job training for participants to earn a recognized post-secondary credential, high school equivalency certificate, or an industry-recognized qualification to help them earn a job in an in-demand work field. To be eligible for this program, inmates must reside in Defiance, Fulton, Henry, Lucas, or Williams counties; be sentenced; and be scheduled for release from CCNO within 20-270 days.

## VOLUNTEER SERVICES

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Volunteers conduct various services for inmates to attend which include AA meetings, worship services and Bible study. Services are offered on a daily basis and posted in units.

## REACH UP, INC./CHAPLAINCY SERVICES

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A non-profit agency that coordinates religious and chaplaincy services for inmates at CCNO. It is a local ministry under the guidance of local people and involves approximately 200 volunteers. For more information, contact the Chaplain's office at (419) 428-3800 extension 420.

# LIFE & VOCATIONAL SKILLS

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Self-help, educational, and/or vocational programs are offered to inmates when they're available. Speakers from various agencies and volunteers discuss topics such as self-esteem, dealing with stress, family violence, anger control, domestic violence, sexually transmitted diseases, HIV/AIDS education and prevention, financial investments, job resumes, freedom from smoking, and parenting. Participation is voluntary.

## IN2WORK

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When able, Aramark offers IN2WORK classes to inmate kitchen workers. Through the program, inmates are offered three-phased classroom and hands-on training. ServSafe and RISE UP programs are utilized through the program. ServSafe's purpose is to provide and assess knowledge of basic safe food handling procedures, while RISE UP teaches the importance of supply chains and the flow of goods. After completion, participating inmates could receive certification from the National Restaurant Association and/or the National Retail Federation. Inmates who complete the IN2WORK program are also eligible for additional benefits through Aramark. Participation is voluntary.



## RE-ENTRY PROGRAM

New to CCNO is a specific program designed to assist inmates who will be re-entering the community. The objective of the program is to teach inmates valuable living skills and provide practical guidance which will aid inmates in a smoother transition from incarceration to society. The program aims to set inmates up for success by providing opportunity via group curriculum to formulate a transition plan in an effort to reduce recidivism due to lack of preparedness, knowledge, and resource connection.

Re-entry programming consists of nine (9) modules for inmates to work through covering the following topics: Planning for Re-Entry; Mindset; Goal Setting; Job Readiness; Communication and Interpersonal Skills; Healthy Relationships; Health; Finances; and Housing. In the final stages of the program, when an inmate is provided a release date, they will meet with a social worker or case manager to discuss resource and treatment needs. The social worker or case manager will assist the inmate in securing an

intake appointment at an appropriate treatment agency. They will also provide the inmate with a list of local community resources (e.g. food banks, clothing resources, housing resources, job programs) if those resources are needed. Assistance with Medicaid and Social Security applications will also be provided by the social worker or case manager if necessary.

Inmates are able to start this program at any point in the course, meaning no waiting until it gets back to module 1. The target inmate audience will be those who have jail sentences from the local county region. Attendance for the program can be requested by an inmate through a request to staff.



## ELECTRONIC MONITORING

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Electronic monitoring at CCNO can be done through three different types: regular monitoring, GPS, or TAD. Screened applicants are assigned by the court to the program. An ankle bracelet is placed on their ankle and supervised while in the community. Inmates can continue working or attend court ordered programs while restricted to home at specified times. All participants must pay to be in the program unless declared indigent by the court. GPS tracking allows for an offenders location to be pinged as opposed to regular electronic monitoring which solely detects when they are out of their designated range. TAD monitoring adds an element of alcohol detection through the use of a specially designed ankle bracelet.

## WORK RELEASE

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Pre-screened inmates in the four rural counties can maintain current employment while serving non-working time at CCNO through the work release program. These inmates are sentenced to work release by their judge and must meet CCNO requirements to participate. Work Release inmates are required to pay 25 percent of their net pay for jail and court costs and must provide their own transportation to/from work.